

ND Grade 10 Course Planning Documents



LAST NAME: _____ FIRST NAME: _____ HOMEROOM: _____

CURRENT SCHOOL:

- St. Francis St. Thomas Mother Teresa St. Marguerite JP/II/Online
 Camille J. Lerouge St. Patrick's St. Gregory the Great St. Lorenzo Ruiz Other

Full-Time Online

Full Time Online for 2025-2026 school year

Full-time online students will be completing online courses from home. Please go to the ND Full Time Online Grade 10 Course Request Planning Documents 2025-2026 to complete your planning sheet. Do not use this document.

PROGRAMMING (Please select your program for the 2024-2025 school year)

Regular French Immersion K&E Program

French Immersion and K&E Students, do not complete this document. Please use the French Immersion or K&E planning documents instead.

PHYSICAL EDUCATION/HOCKEY ACADEMY (ALL STUDENTS CHOOSE ONE)

P.E. 3-Credit (Every Other Day) P.E. 5-Credit (Every Day)

Hockey Academy (5 P.E.Credits & 5 Sports Performance Credits)

**Students taking Hockey Academy cannot select Sport Performance from the Grade 10 Exploratory Options sheet.*

20-LEVEL COURSES (Space Permitting) - These are all 5-credit courses - you may only select one

Biology 20 Chemistry 20

*Preference will be given to Grade 11 & 12 students requiring these classes over Grade 10 students. By selecting one of these courses there is **no guarantee** you will be enrolled in this class next year. Priority will be given to Grade 10 students in French Immersion and those students who demonstrate extremely high academic standing. If you end up enrolling in a 20-level class, you will not be enrolled in more than one.*

EXPLORATORY/OPTIONS

Choose the necessary options from this section to fill your timetable. Please place an **"P"** beside the options you are really interested in (Primary Requests) and an **"A"** beside the additional options you are open to taking (Alternate). Please follow the instructions in each column.

****Some exploratory courses incur an additional fee to cover the costs of materials and/or transportation.**

Column A

Choose 3 "P" and 2 "A" from this column

- _____ Animal Sciences 15-3
- _____ Art 10-3
- _____ Astronomy 15-3
- _____ Computer Science 10-3
- _____ Construction Skills 10-3
- _____ Creative Writing 15-3
- _____ Dance 15-3
- _____ Drama 10-3
- _____ Early Childhood 10-3
- _____ Electronic Repair Technologist 10-3
- _____ Fashion Studies 10-3
- _____ Film & Media Art 15-3
- _____ Financial Management 10-3
- _____ Food Studies 10-3
- _____ Forensic Studies 25-3
- _____ Guitar 10-3
- _____ Leadership 10-3
- _____ Learning Strategies 15-3
- _____ Legal Studies 10-3
- _____ Medical Studies 10-3
- _____ Psychology 20-3
- _____ Robotics 10-3
- _____ Sport Performance 10-3
- _____ Sports Medicine 10-3
- _____ Unified Leadership 10-3

Column B

Choose 2 "P" and 1 "A" from this column

- _____ Construction Skills 10-5
- _____ Cosmetology 10-5
- _____ Cougar Coaching (Football) 10-5 (Full-Year Every Other Day)
- _____ Design Studies 10-5
- _____ Esthetics 10-5
- _____ Food Studies 10-5
- _____ Learning Strategies 15-5
- _____ Mechanics 10-5
- _____ Music 10-5 Instrumental (Full-Year Every Other Day)
- _____ Spanish 10-5
- _____ Visual Communications 10-5
- _____ Wildlife Outdoor Ed 10-5

BLOCK 0 OR AFTER SCHOOL CLASSES (OPTIONAL)

- Music 10-5 Instrumental (Full year 7:40-8:40 AM M,W,F)
- Music 10-5 Jazz (Full year 7:40-8:40 AM T,Th)
- Work Experience (Student must have a paid employment position)
- Green Certificate

DUAL CREDIT COURSES (OPTIONAL)
DO NOT PLACE THESE ON THE GRADE 10 COURSE REQUEST PLANNING SHEET
(SELECT A MAXIMUM OF TWO)

- | | |
|---|--|
| <input type="checkbox"/> Accounting
<input type="checkbox"/> Animal Health Technology
<input type="checkbox"/> Biology for Health Professionals
<input type="checkbox"/> Business Management
<input type="checkbox"/> Business Communication
<input type="checkbox"/> Early Childhood Education
<input type="checkbox"/> Ecology
<input type="checkbox"/> Health Care Aide
<input type="checkbox"/> Hospitality and Tourism
<input type="checkbox"/> Hospital Administration
<input type="checkbox"/> Horticulture
<input type="checkbox"/> Indigenous Studies | <input type="checkbox"/> Infection Prevention and Control
<input type="checkbox"/> Introduction to Computers
<input type="checkbox"/> Justice Studies
<input type="checkbox"/> Kinesiology
<input type="checkbox"/> Medical Terminology
<input type="checkbox"/> Marketing
<input type="checkbox"/> Operating Controlled Environment
<input type="checkbox"/> Precision Agriculture Techgromony
<input type="checkbox"/> Psychology
<input type="checkbox"/> Sociology
<input type="checkbox"/> Sport Management |
|---|--|

***** Please be advised that choosing a Dual Credit class DOES NOT automatically mean you will be taking that course. The students are vetted through the Dual Credit programs and post-secondary institutions in order to determine if you may be a successful candidate.*****

Important Dates:

March 5, 2025 @ 6:30 pm	Knowledge & Employability Information Evening	This is an information evening at École Secondaire Notre Dame High School for students and their parents who have been referred to the K & E program.
March 11, 2025 @ 6:30 pm	High School 101 and Open House	This is an information evening at École Secondaire Notre Dame High School. This is an invitation to all incoming Grade 9 students and parents.
March 11, 2025 (after Open House)	French Immersion Information Evening	This is an information evening at École Secondaire Notre Dame High School for the parents of students who will be enrolling in the French Immersion program.
March 11, 2025 (after Open House)	Hockey Academy Information Evening	This is an information evening at École Secondaire Notre Dame High School for the parents and students who are interested or want to know more about the Hockey Academy program. This will be done immediately following High School 101.

SUMMER SCHOOL

Students wishing to register for summer school can visit <https://summerschool.rdcrs.ca/>.
 Registration opens on April 7, 2025.