

# Knowledge and Employability (K&E) Grade 10 Course Planning Documents



LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_

HOMEROOM: \_\_\_\_\_

## CURRENT SCHOOL:

- St. Francis       St. Thomas       Mother Teresa       St. Marguerite       JP11/Online  
 Camille J. Lerouge       St. Patrick's       St. Gregory the Great       St. Lorenzo Ruiz       Other

## Full-Time Online

*K&E courses are not available as online courses. It is not recommended that students who have been referred to the K&E program take online courses.*

## PROGRAMMING (Please select your program for the 2024-2025 school year)

- Regular       French Immersion       K&E Program

*This document is for K&E Students. For other programs, please use the Regular or French Immersion planning documents.*

## PHYSICAL EDUCATION/HOCKEY ACADEMY (ALL STUDENTS CHOOSE ONE)

- P.E. 3-Credit (Every Other Day)       P.E. 5-Credit (**Summer School**)  
 P.E. 5-Credit (Every Day)       Hockey Academy (10 Credit)

*\*Students taking Hockey Academy cannot select Sport Performance nor Fitness Fundamentals from the Grade 10 Exploratory Options sheet.*

**KNOWLEDGE AND EMPLOYABILITY COURSES (K&E students MUST select TWO courses from this section)**

- Auto Mechanics 10-4
- Construction Building 10-4

- Cosmetology 10-4
- K&E Foods Studies

**EXPLORATORY/OPTIONS**

Choose the necessary options from this section to fill your timetable. Please place an **"P"** beside the options you are really interested in (Primary Requests) and an **"A"** beside the additional options you are open to taking (Alternate). Please follow the instructions in each column.

*\*\*Some exploratory courses incur an additional fee to cover the costs of materials and/or transportation.*

**Column A**  
Choose 3 **"P"** and 2 **"A"** from this column

- \_\_\_\_\_ Art 10-3
- \_\_\_\_\_ Astronomy 15-3
- \_\_\_\_\_ Construction Skills 10-3
- \_\_\_\_\_ Creative Writing 15-3
- \_\_\_\_\_ Dance 15-3
- \_\_\_\_\_ Drama 10-3
- \_\_\_\_\_ Early Childhood 10-3
- \_\_\_\_\_ Electronic Repair Technologist 10-3
- \_\_\_\_\_ Fashion Studies 10-3
- \_\_\_\_\_ Film & Media Art 15-3
- \_\_\_\_\_ Financial Management 10-3
- \_\_\_\_\_ Food Studies 10-3
- \_\_\_\_\_ Forensic Studies 25-3
- \_\_\_\_\_ Guitar 10-3
- \_\_\_\_\_ Improvisation 15-3
- \_\_\_\_\_ Leadership 10-3
- \_\_\_\_\_ Learning Strategies 15-3
- \_\_\_\_\_ Legal Studies 10-3
- \_\_\_\_\_ Medical Studies 10-3
- \_\_\_\_\_ Psychology 20-3
- \_\_\_\_\_ Robotics 10-3
- \_\_\_\_\_ Sport Performance 10-3
- \_\_\_\_\_ Sports Medicine 10-3
- \_\_\_\_\_ Unified Leadership 10-3

**Column B**

Choose 2 **"P"** and 1 **"A"** from this column

- \_\_\_\_\_ Computer Science 10-5
- \_\_\_\_\_ Construction Skills 10-5
- \_\_\_\_\_ Cosmetology 10-5
- \_\_\_\_\_ Design Studies 10-5
- \_\_\_\_\_ Esthetics 10-5
- \_\_\_\_\_ Food Studies 10-5
- \_\_\_\_\_ Learning Strategies 15-5
- \_\_\_\_\_ Mechanics 10-5
- \_\_\_\_\_ Music 10-5 Instrumental (Full-Year Every Other Day)
- \_\_\_\_\_ Spanish 10-5
- \_\_\_\_\_ Visual Communications 10-5
- \_\_\_\_\_ Wildlife Outdoor Ed 10-5

**BLOCK 0 OR AFTER SCHOOL CLASSES (OPTIONAL)**

- Music 10-5 Instrumental (Full year 7:40-8:40 AM M,W,F)
- Music 10-5 Jazz (Full year 7:40-8:40 AM T,Th)
- Work Experience (Student must have a paid employment position)
- Green Certificate

**DUAL CREDIT COURSES (OPTIONAL)**  
**DO NOT PLACE THESE ON THE GRADE 10 COURSE REQUEST PLANNING SHEET (SELECT A MAXIMUM OF TWO)**

- |   |  |
|---|--|
| <input type="checkbox"/> Accounting<br><input type="checkbox"/> Animal Health Technology<br><input type="checkbox"/> Biology for Health Professionals<br><input type="checkbox"/> Business Management<br><input type="checkbox"/> Business Communication<br><input type="checkbox"/> Early Childhood Education<br><input type="checkbox"/> Ecology<br><input type="checkbox"/> Health Care Aide<br><input type="checkbox"/> Hospitality and Tourism<br><input type="checkbox"/> Hospital Administration<br><input type="checkbox"/> Horticulture<br><input type="checkbox"/> Indigenous Studies | <input type="checkbox"/> Infection Prevention and Control<br><input type="checkbox"/> Introduction to Computers<br><input type="checkbox"/> Justice Studies<br><input type="checkbox"/> Kinesiology<br><input type="checkbox"/> Medical Terminology<br><input type="checkbox"/> Marketing<br><input type="checkbox"/> Operating Controlled Environment<br><input type="checkbox"/> Precision Agriculture Techgromony<br><input type="checkbox"/> Psychology<br><input type="checkbox"/> Sociology<br><input type="checkbox"/> Sport Management |
|---|--|

**\*\* Please be advised: choosing a Dual Credit class DOES NOT mean you will be taking that course. The students are vetted through the Dual Credit programs and schools in order to determine if you may be a successful candidate.\*\***

**Important Dates:**

|                                      |   |   |
|--------------------------------------|---|---|
| March 5, 2025<br>@ 6:30 pm           | Knowledge & Employability Information Evening | This is an information evening at École Secondaire Notre Dame High School for students and their parents who have been referred to the K & E program.   |
| March 11, 2025<br>@ 6:30 pm          | High School 101 and Open House                | This is an information evening at École Secondaire Notre Dame High School. This is an invitation to all incoming Grade 9 students and parents.  |
| March 11, 2025<br>(after Open House) | French Immersion Information Evening          | This is an information evening at École Secondaire Notre Dame High School for the parents of students who will be enrolling in the French Immersion program.  |
| March 11, 2025<br>(after Open House) | Hockey Academy Information Evening            | This is an information evening at École Secondaire Notre Dame High School for the parents and students who are interested or want to know more about the Hockey Academy program. This will be done immediately following High School 101. |

**SUMMER SCHOOL**

Students wishing to register for summer school can visit <https://summerschool.rdcrcs.ca/>.  
 Registration opens on April 7, 2025.